

# CURRICULUM VITAE – Abridged Version

Ken J. Gardner, Registered Psychologist

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**Registered Psychologist, Alberta, #1801**

## **EDUCATION**

- 1987      **University of Calgary**  
M.Sc., Clinical School and Community Psychology  
Department of Educational Psychology  
Supervisor: Judy Lupart, PhD  
Thesis: Communicative competence in learning disabled and normally achieving children: Sociometric status and dyadic communicative abilities.
- 1982      **University of Calgary**  
Interim Teaching Certificate  
Specialization: Secondary Route, Social Studies.
- 1978      **University of Calgary**  
B.A., Psychology (with distinction)

## **AWARDS AND DISTINCTIONS**

- 2011      Monica Herbert Award - Canadian Association for Play Therapy (CAPT)
- 2008      Certified Child Psychotherapist and Play Therapist Supervisor (CPT-S):  
Canadian Association for Play Therapy
- 1985      Thesis Research Grant
- 1984      Graduate Research Assistantship
- 1978      B.A. Psychology - with distinction
- 1974-76      Undergraduate Scholarships & Provincial Awards

## **PROFESSIONAL WORK EXPERIENCE**

### **1994 - Present    Private Practice - Ken Gardner Psychological Services**

Specializing in play therapy and individual counselling for children and adolescents with emotional and developmental challenges. Assessment of developmental, learning and adjustment issues is emphasized along with parent consultation, adult and family-based counselling services.

### **1996 - January 2021 Co-Director - Rocky Mountain Play Therapy Institute (RMPTI)**

RMPTI is an approved play therapy training provider: Association for Play Therapy (APT Approved Provider 06-179); the Canadian Association for Play Therapy (CAPT Approved Provider 09-104). The Institute offers a diverse range of training, supervision and consultation programs to individuals, groups and organizations working with children and families.

### **2002 - 2013                    Co-Director/Practitioner/Consultant/Supervisor Rocky Mountain Psychological Services (RMPS)**

Assessment and counselling/clinical services focusing on the following practice areas: play therapy, psychoeducational evaluations, parent-adolescent conflict, family counselling, trauma/dissociation, counselling children & youth with special needs (including autism spectrum disorders), underachievement and motivational issues in learning. Consultation and supervision services also provided to various agencies including the Calgary Board of Education, Cause and Effect Early Intervention Services, and Foothills Creative Beginnings.

### **02/97- 06/05                    Consulting Psychologist - Calgary Board of Education; Behavior Adaptation & Treatment Classrooms (B.A.T. Project)**

Consultation to eight different classroom settings designed for children with academic, emotional, and behavioral adjustment difficulties. Child-focused screening/assessments and team consultation (teachers and family support workers)

### **05/92- 07/99                    Program Director - Hull Child & Family Services.**

Clinical and administrative responsibilities for an intensive residential treatment program and group home for dually-diagnosed children and adolescents. Clinical supervision of a multi-disciplinary staff group that included family therapists, psychologists and child care counsellors. Clinical assessments, case planning and direct therapy (children, youths, groups and families). Policy development and administrative responsibilities through membership on the Hull Senior Management Team.

**10/93 - 01/97      Clinical Consultant - Family Services Calgary, Employee Assistance Program: Division of Family Services Canada.**

Clinical assessments and interventions with children, adults and families. Treatment areas of expertise: play therapy, depression, stress management, family counselling.

**05/90 - 05/92      Clinical Coordinator - Integrated Day Treatment Program  
William Roper Hull, Child & Family Services**

Coordinating a continuum of community-based and family-centered treatment services for children and adolescents with severe emotional and behavior problems. Programs included two (twelve bed) residential facilities, a Treatment Foster Care Program, and an intensive Home-Based Service. Program components were integrated under a common, behavioral family-systems treatment framework. Direct clinical work, program development, as well as supervision of five clinicians, family support workers, and program supervisors.

**07/86 - 05/90      Senior Therapist/Therapist - William Roper Hull  
Child & Family Services**

Administrative and clinical responsibilities including the provision of direct clinical services and supervision of treatment programs for a campus-based, residential treatment program. Diagnostic assessments, expert witness testimony, and direct clinical services to children and families.

## **PUBLICATIONS AND UNPUBLISHED MANUSCRIPTS**

Gardner, K (in press). *Sammy and the three-legged cat: Enhancing social relationships*. In E. Prendiville & J. Parson (eds.) *Clinical Applications of the Therapeutic Powers of Play: Case Studies in Child and Adolescent Psychotherapy*. Taylor & Francis; London. UK

Yasenik, L., & Gardner, K. (2021). Therapeutic use of self and the Play Therapy Dimensions Model. In S. Jennings & C. Holmwood (eds.) *Routledge International Handbook of Play, Therapeutic Play and Play Therapy*. Routledge; London, UK (pp 341-359).

Yasenik, L., & Gardner, K. (eds.) (2019). *Turning points in play therapy and the emergence of self: Applications of the play Therapy Dimensions Model*. Jessica Kingsley Publishers; London, UK.

Yasenik, L., & Gardner, K. (2017). Counseling skills in action with children, adolescents, and adults. In E. Prendiville & J. Howard (eds.) *Creative Psychotherapy: Applying the principles of neurobiology to play and expressive arts-based practice*. Routledge, New York, NY (pp 59-80).

- Yasenik, L., & Gardner, K. (2014). The consciousness dimension in play therapy: Sharpening the play therapist's focus and skills. In E. Prendiville & J. Howard (eds.) *Play therapy today: Contemporary practice with individuals, groups and carers*. Routledge, New York, NY (pp 29-46).
- Yasenik, L., & Gardner, K (2012). *Play Therapy Dimensions Model: A decision-making guide for integrative play therapists*. Jessica Kingsley Publishers, London, UK.
- Gardner, K & Yasenik, L (2010). Waberjocky Island. In L. Lowenstein (ed.) *Creative family techniques: Play, art, and expressive activities to engage children in family sessions*. Champion Press; Toronto, Ontario (pp 255-258).
- Gardner, K & Yasenik, L (2010). Family Orchestra. In L. Lowenstein (ed.) *Creative family techniques: Play, art, and expressive activities to engage children in family sessions*. Champion Press; Toronto, Ontario (pp 135-137).
- Gardner, K. & Yasenik, L (2008). When approaches collide: A decision-making model for Play Therapists. In Drewes, A., & Mullen, J.A. (eds.) *Supervision can be Playful: Techniques for Child & Play Therapy Supervisors* (Lanham MD: Rowman & Littlefield Publishers).
- Yasenik, L., & Gardner, K. (2005). *Comprehensive child-focused treatment planning workbook*. Calgary, Alberta: Rocky Mountain Play Therapy Institute; Calgary, Alberta.
- Yasenik, L., & Gardner, K. (2004). *Play Therapy Dimensions Model: A decision-making guide for therapists*. Rocky Mountain Play Therapy Institute; Calgary, Alberta.
- Gardner, K. (1996). Playing along with your pre-school child. *Alberta Parent Quarterly*, Summer, 1996, (pp 17-18).
- Gardner, K., & Lupart, J. (1989). Communicative competence in learning disabled and normally achieving males: Sociometric status and dyadic communicative abilities. *Reading-Canada-Lecture*, 7 (1), (pp 50-67).

## PRESENTATIONS AND PROFESSIONAL COMMUNITY TRAININGS

### 2020

#### **October 17**

Gardner K. & Yassenik, L. Purple Stream Level II: *Brief Play Techniques to Resolve Issues Related to Children's Adjustment*. Professional training for RMPTI, Calgary, AB.

### 2019

#### **September 27**

Gardner, K. *Therapeutic play the "internalizing child."* Applying the therapeutic powers of play. Three-hour workshop presentation for the Golden Hills School Division, Calgary, AB.

#### **March 18-to-March 22; April 29-to-May 2**

Gardner, K. Green Stream Foundations of Play Therapy Program (RMPTI), delivered to Carrier Sekani Family Services, Prince George, BC.

#### **February**

Gardner, K. *Play-Therapy Based Practice: Utilizing the therapeutic powers of play*. Workshop presentation for the Sherriff King Program, Calgary, AB.

### 2018

#### **December 3**

Gardner, K. and Yassenik, L. *Accessing Creativity and Playfulness as a Play Therapist*. Workshop presentation for Tye Dye: International Play Therapy Study Group; Canmore, AB.

#### **November 30 - December 1**

*Blue Stream: Certificate in Play Therapy Supervision*; Calgary, AB.

#### **October 8**

*Facilitative Play-based Techniques for Building Social and Emotional Growth in Young Children*. One-day workshop for Foothills Creative Beginnings; Calgary, AB.

#### **October 3-5**

*Yellow Stream Program: Certificate in Portable Play-based School and Outreach Counselling*. Two-day workshop for Grande Prairie Peace Collaborative Services; Grande Prairie, AB.

#### **September 24-28**

*Green Stream Program: Certificate in Foundations of Play Therapy (Part I)*; Calgary, Alberta.

**August 13-21**

*Red Stream Program: Certificate in Advanced Theories and Techniques of Play Therapy*; Calgary, Alberta.

**July 16-24**

*Green Stream Program: Certificate in Foundations of Play Therapy*; Calgary, Alberta.

**June 17**

Gardner, K. & Yassenik, L. *Tapping into the therapeutic power of metaphor and symbols: An inside-out perspective*. Workshop presentation for the International Play Therapy Study Group at Champneys Forest Mere; Liphook, UK.

**May 7-9**

*Yellow Stream: Certificate in Sandplay with Special Populations using Play Therapy Skills and Techniques*; Calgary, Alberta.

**April 18-22**

*Red Stream Program: Certificate in Advanced Theories and Techniques of Play Therapy (Part I)*; Calgary, AB.

**February 20**

*Play Therapy Based Practice*. Workshop for the YWCA Calgary; Calgary, Alberta.

**2017****June 18**

*Creative Supervision Strategies and Techniques: A look at client world-view and impact on the play therapist*. Workshop presentation for the International Play Therapy Study Group at Champneys Forest Mere; Liphook, UK.

**June 24**

*Turning Points in Play Therapy and the Emergence of Self: Understanding critical success factors in the therapeutic process*. Keynote presentation for the British Association for Play Therapists (BAPT) Annual Conference; Aston University, Birmingham, UK.

**May 13**

*Turning Points in Play Therapy: How therapist use of self impacts the relationship*. Workshop presentation for the 2017 Joint National Conference (BCPTA & CAST); Vancouver, BC.

**January 24-29**

*Green Stream Program: Certificate in Foundations of Play Therapy Program (Part 1)*; Metafora Training Group. Santiago, Chile.

**2016****November 16-18**

*Yellow Stream: Introduction to Play Therapy: Essential Skills & Techniques*. Three-day workshop for The Brenda Strafford Society for the Prevention of Domestic Violence; Calgary, Alberta.

**November 5**

*Understanding Interpersonal Relational Trauma: Top 10 Factors that Expressive/Play Therapists Need to Consider!* Workshop presentation for: Tye Dye: An Advanced Play Therapy Study Group, First Annual International Study Group Session; Canmore, Alberta.

**June 16**

One-day supervision/consultation group for Green & Red Stream Participants: Centar Proventus; Zagreb, Croatia.

**June 10-15**

*Red Stream Program: Certificate in Advanced Theory & Techniques of Play Therapy (Part II).* Centar Proventus; Zagreb, Croatia

**May 5**

*An Introduction to the Play Therapy Dimensions Model.* One-day workshop for Centro Metaphora; Santiago, Chile.

**May 6**

*Using Play and Creative/Expressive Activities with Traumatized Clients.* One-day workshop for Centro Metaphora; Santiago, Chile.

**May 7**

*Therapeutic Storytelling: Understanding Play Themes and Metaphors.* One-day workshop for Centro Metaphora; Santiago, Chile.

**March 5**

*Beyond the Discussion of Directiveness: Exploring the dimensions of Play Therapy and Therapist Use of Self.* One-day workshop for the Idaho Play Therapy chapter of APT; Moscow, Idaho

**March 4**

*Therapeutic Storytelling from the Inside Out.* One-day workshop for the Idaho Play Therapy chapter of APT; Moscow, Idaho.

**2015****June 24**

*Advanced Play Therapy Techniques: Decision-making factors in the play therapy process.* Workshop presentation for the International Play Therapy Study Group; Wroxton, UK.

**February 4-7**

*Certificate in Play-Based School and Outreach Counselling.* Certificate program sponsored by the Central Alberta Regional Consortium (CARC); Red Deer, Alberta.

**February 22-27**

*Green Stream Program: Certificate in Foundations of Play Therapy (Parts 1 & 2).* Workshop presentation for Pathfinder Body & Mind Consultants (HK) Ltd., Hong Kong.

**February 28-March 2**

*Red Stream Program: Certificate in Advanced Theories & Techniques of Play Therapy (Part 2).* Workshop presentation for Pathfinder Body & Mind Consultants (HK) Ltd., Hong Kong.

**2014****June 21**

*Beyond the Discussion of Directiveness: Exploring the dimensions of play therapy and therapist use of self.* Keynote/full-day workshop for the British Association of Play Therapists (BAPT) Annual Conference; Aston University, Birmingham, UK.

**September 15-18**

*Yellow Stream: Certificate in Play-based Treatment of Trauma;* Sherwood Park, Alberta.

**November 7**

*Therapeutic Storytelling from the Inside Out.* Full-day workshop for the Alberta Play Therapy Association (APTA); Calgary, Alberta.

**June 5-8**

*Green Stream: Certificate in Foundations of Play Therapy (Part 1);* Zagreb, Croatia.

**June 9-12**

*Red Stream: Certificate in Advanced Theories & Techniques of Play Therapy (Part 1);* Zagreb, Croatia.

**February 2-9**

*Green Stream: Certificate in Foundations of Play Therapy (Parts 1 & 2).* Workshop presentation for Pathfinder Body & Mind Consultants (HK) Ltd; Hong Kong.

**2013****February 13-16**

*Certificate in Portable Play-based Therapy with Children.* Workshop presentation for Pathfinder Body & Mind Consultants (HK) Ltd.; Hong Kong.

**2012****June 7-10**

*Developing Your Therapeutic Play Skills: Adapting play and expressive techniques to your practice.* Workshop series presentation for Centar Proventus. Zagreb, Croatia.

**May 4**

*Play-based Strategies for Children with ADHD: Building resiliency, emotional self-regulation and personal competencies.* Workshop presentation for the Boys' and Girls' Clubs Association of Hong Kong; Hong Kong.

**May 2-3**

*Vitalizing Attunement: Using family play therapy and play-based techniques to strengthen parent-child relationships.* Workshop presentation for the Boys' and Girls' Clubs Association of Hong Kong; Hong Kong.



**May 1**

*Facilitative Play-based Techniques for Promoting Social and Emotional Growth in Young Children with Developmental Challenges.* Workshop presentation for the Boys' and Girls' Clubs Association of Hong Kong; Hong Kong.

**April 27**

*Enhancing Supervisee's Awareness of Use of Self: Therapist Immersion.* Half-day workshop presentation for the Canadian Association for Child and Play Therapy Annual Conference; Calgary, Alberta.

**February 8-10**

*Certificate in Portable Play Therapy Tools for the School-Based Counselor.* Presentation for Alberta Health Services – ESHP Program; Edmonton, Alberta.

**2011****October 4-7**

*Intermediate Level Training in Play Therapy: Play Therapy Process, Play Therapy Techniques, Play-Based Assessment Skills and Documentation of Outcomes.* Program presentation for the Boys' and Girls' Clubs Association of Hong Kong; Hong Kong.

**September 30**

*One-Day Introduction to Play Therapy.* Presentation for the Family School Wellness Workers of Cremona and Westglen Schools; Calgary, Alberta.

**March 10**

*An Introduction to Play Therapy.* Guest lecture presentation for CHST 2283: Supporting Children through Play (Bachelor of Applied Child Studies Program), Mount Royal University; Calgary, Alberta.

**February 14-15**

*Applications of Play-Based Methods & Techniques: Addressing Issues Related to Children's Adjustment.* Workshop presentation for Alberta Health Services: Aspen Region; Hinton, Alberta.

**January 10-11**

*An Introduction to Play Therapy: Play-Based Techniques and Processes Workshop.* Presentation for Alberta Health Services: Aspen Region; Hinton, Alberta.

**2010****December 6-9**

*Yellow Stream: Certificate in Play Based-Treatment of Trauma;* Calgary, Alberta.

**October 4-7**

*Introduction to Play Therapy.* Workshop presentation for the Boys' and Girls' Clubs Association of Hong Kong; Hong Kong.

**October 8**

*Post Certification Stream: Play Therapy Supervision Certification Program (Part I).* Presentation for the Boy's and Girls' Clubs Association of Hong Kong; Hong Kong.

**October 1**

*Play Therapy: Tapping in to the Therapeutic Powers of Play.* Workshop presentation for the Alberta Association of Family School Liaison Workers; Calgary, Alberta.

**April 19-21**

*MFAM –516 Play Therapy.* Three-day intensive course offered through the Marital and Family Therapy Canadian Campus Program of Loma Linda University; Lacombe, Alberta.

**March 2-5**

*Yellow Stream: Certificate in Portable Play-Based School and Outreach Counselling.* Certificate program delivered to the Family Support Liaison Program of Vermillion; Vermillion, Alberta.

**February 25-26**

*Strategies for Enhancing Parent-Child Relationships.* Workshop presentation for Yellow Quill First Nations; Yellow Quill, Saskatchewan.

**February 2**

*Play Therapy: Tapping in to the Therapeutic Powers of Play.* Keynote address for the Connecting for Kids: School-Based Mental Health Training for Alberta Health Services; Fantasyland Hotel, Edmonton, Alberta.

**February 2**

*Facilitative Play-Based Techniques for Strengthening Relationships and Enhancing Social-Emotional Development in Children.* Workshop presentation for the Connecting for Kids: School-Based Mental Health Training for Alberta Health Services; Fantasyland Hotel, Edmonton, Alberta.

**2009****November 16-18**

*Treating Traumatized Children: Play-Based Approaches & Applications.* Workshop presentation for the Clinician's Group of Whitehorse; Whitehorse, Yukon.

**June 28**

*How Directive Should I Be? Applications of the Play Therapy Dimensions Model for Clinical Decision Making.* Workshop presentation for the British Association of Play Therapists Annual Conference; Aston University, Birmingham, UK.

**June 21**

*Identifying Dissociative Phenomena in the Play Therapy Setting.* Workshop presentation at the International Play Therapy Study Groups. Dr. Charles Schaefer, Program Coordinator; Wroxton College of Farleigh Dickenson University, Wroxton, UK.

**January 6-9**

*Certificate in Play-Based Treatment of Trauma.* Workshop presentation for the Boys' and Girls' Clubs Association of Hong Kong; Hong Kong.

## 2008

### February 9-10

*Certificate in Portable Play-Based School Counselling.* Rocky Mountain Play Therapy Institute; Calgary, Alberta.

## 2007

### November 2-4

*Certificate in Portable Play-Based School Counselling.* Rocky Mountain Play Therapy Institute; Calgary, Alberta.

### June 19

Gardner, K. & Yassenik L. *A Case Conceptualization Approach to Supervision.* Workshop presentation at the 'International Play Therapy Study Group' Workshops; Wroxton College of Fairleigh Dickenson University, Wroxton, UK.

### May 21-25

Gardner, K. & Yassenik L. *Certificate in Play-Based Relationship Enhancement.* Workshop presentation for the Boys' and Girls' Clubs Association of Hong Kong; Hong Kong.

### March 16

Gardner, K. *Brief Play Techniques for Resolving Children's Adjustment Issues.* Workshop presentation at the First International Congress about Child Development, Play & Learning; Chihuahua, Mexico

## 2006

### November 1-4

*Introductory Theraplay.* Dr. Evangeline Munns. Sponsored by Rocky Mountain Play Therapy Institute, Calgary, Alberta. (Designated facilitator/co-instructor.)

### October 21

Gardner, K. & Yassenik L. *Brightening the Relationship: Conceptualizing the Adult Attachment Role in Treating Children.* Half-day workshop presentation for the Boys' and Girls' Clubs Association of Hong Kong; Hong Kong.

### October 21

Gardner, K. & Yassenik L. *Family Play Therapy: Techniques for Involving Children in Brief Family Work.* Half-day workshop presentation for the Boy's and Girls' Clubs Association of Hong Kong; Hong Kong.

### October 18-20

Gardner, K. & Yassenik L. *Integrative Play Therapy.* Three-day workshop presented for Presented for the Boy's and Girls' Clubs Association of Hong Kong Presented for the Boys' and Girls' Club of Hong Kong; Hong Kong.

### September 4-7

*Certificate in Play-Based Relationship Enhancement.* Presented by Rocky Mountain Play Therapy Institute for Kids First; Saskatoon, Saskatchewan.

**June 18-19**

Gardner, K. & Yassenik L. *Enhancing Supervisee's Awareness of Self*. Workshop presentation at the 'International Play Therapy Study Group' Workshops, Wroxton College of Fairleigh Dickenson University, Wroxton, UK.

**May 8-10**

*MFAM –516 Play Therapy*. Three-day intensive course offered through the Marital and Family Therapy Canadian Campus Program of Loma Linda University, Lacombe, Alberta.

**March 25**

Gardner, K., & Yassenik, L. *Innovative Play Therapy Approaches: Applications of the Play Therapy Dimensions Model*. Half-day workshop presentation for the Alberta College of Social Workers Annual Conference; Edmonton, Alberta.

**March 6-10**

*Post-certification Play Therapy Supervision Certification Program*. Presented for the Children's Therapy Centre (CTC); Ballymore, Ireland.

**December 20-22**

*Certificate in Portable Play-based School Counselling*. Rocky Mountain Play Therapy Institute; Edmonton, Alberta.

**2005****October 8**

Gardner, K. & Yassenik, L. *Shifting the Focus: Conceptualizing the adult attachment role in treating children*. Workshop presentation for the 22<sup>nd</sup> Annual Association for Play Therapy International Conference; Nashville, Tennessee.

**June 26-28**

Gardner, K., & Yassenik, L. *How Directive Should I Be? and Avoid the Danger of Random Eclecticism: An Integrative Approach to Play Therapy Supervision*. Workshop presentations for International Play Therapy Program, University of Warwick; Coventry, UK.

**May 14**

Gardner, K. *Making it Happen: The active utilization of puppets in play therapy with children who are fearful and avoidant of literacy/learning activities*. Workshop presentation at Puppet Power 2005: Puppets Promote Literacy; Calgary, Alberta.

**2004****June 16**

Gardner, K., & Yassenik, L. *When supervision is serious fun: The dynamic play-based supervision model*. Workshop presentation for the 2004 World Congress for Play and Child Psychotherapy; Chichester, UK.

**June 14**

Gardner, K., & Yassenik, L. *Shifting the focus: Conceptualizing the adult attachment role in treating children*. Workshop presentation for the 2004 World Congress for Play and Child Psychotherapy; Chichester, UK.

**September 20**

Gardner, K., & Yassenik, L. *Brief play techniques to resolve issues related to children's adjustment*. Full day workshop presentation for Rocky Mountain Play Therapy Institute; Calgary, Alberta.

**2003****May 2**

Gardner, K., & Yassenik, L. *Attachment Through the Life Cycle*. Full-day workshop presentation for the Psychological Association of Saskatchewan, Regina, Saskatchewan.

**May 3**

Gardner, K. *Conceptualizing Attachment Treatment*. Half-day workshop presentation for the Psychological Association of Saskatchewan; Regina, Saskatchewan.

**March**

Gardner, K & Yassenik, L. *MFAM 516 - Play Therapy*. Three-day intensive course offered at Loma Linda University, Canadian Campus; Lacombe, Alberta.

**February 28 – March 1**

Gardner, K., & Yassenik, L. *Play-based Child and Family Interventions*. Two-day workshop presentation for the Woodcreek School Division; Lacombe, Alberta.

**2000-2002****October 7 and November 14, 2002**

Gardner, K. *Boosting Achievement: Understanding learning styles and achievement motivation in students*. Workshop presentation for the Bearspaw and Bragg Creek Community Associations; Bearspaw, Alberta.

**May 11 & 12, 2001**

Gardner, K & Yassenik, L. *Preparing Comprehensive Play-based Assessments*. Two-day workshop offered through the Rocky Mountain Play Therapy Institute; Calgary, Alberta.

**August 9, 2001**

Gardner, K & Yassenik, L. *Supervising child therapists: Matching supervision style and process to therapist needs*. Workshop presentation for the Canadian Play Therapy Institute; Kingston, Ontario.

**March 2000**

Gardner, K & Yassenik, L. *MFAM 516 - Play Therapy*. Three-day intensive course offered at Loma Linda University, Canadian Campus; Lacombe, Alberta.

**May 26, 2000**

Gardner, K & Yassenik, L. *Expert Witness Testimony in Court: Readiness skills for therapists*. One-day workshop presentation, sponsored by the Rocky Mountain Play Therapy Institute, Calgary, Alberta. Also presented for Lethbridge Family Services, Lethbridge, Alberta.

**January 31, 2000**

Gardner, K & Yassenik, L. *An Introduction to Sandplay: An experiential training workshop*. Full day workshop offered through the Rocky Mountain Play Therapy Institute; Calgary, Alberta.

**January 12, 2000**

Gardner, K & Yassenik, L. *Expert Witness Testimony: Therapist preparation for court testimony*. Presentation given to Ph.D. students in Counselling Psychology, University of Calgary, Department of Education; Calgary, Alberta.

**1999-2001**

Gardner, K & Yassenik, L. *Addressing the Challenge of Highly Dissociative Children and Adolescents: A systemic approach*. Full day workshop presentation.

- Play Therapy International; Toronto, Ontario. March 26, 2001;
- The Year 2000 World Congress on Child & Play Therapy (Play Therapy International); Dublin, Ireland. June 2000;
- Red Deer College Children's Services Centre, October 23, 1999; and
- The International Conference Series, Play Therapy International; Calgary, Alberta. April 13, 1999.

**1995-1999****September 16 & 17, 1999**

Gardner, K & Yassenik, L. *Comprehensive Child-focused Assessment Strategies*. Two-day workshop presentation; Calgary, Alberta.

**September, 1999**

Gardner, K & Yassenik, L. *Understanding and Working with Trauma*. One-day workshop for professionals in Taber, Alberta.

**August 2, 1999**

Gardner, K & Yassenik, L. *Merging Spheres: Techniques for involving children in brief family work*. One-day workshop accepted for the Summer Play Therapy Institute of the Canadian Play Therapy Institute; Kingston, Ontario.

**June 11, 1999**

Gardner, K & Yassenik, L. *Moving Beyond the Critical Incident: Recognizing the impact on the individual and community*. A post-crisis intervention workshop for professionals, emphasizing the impact of post-traumatic stress disorder on children and families; Taber, Alberta.

### **February 17-18, 1999**

Gardner, K & Yassenik, L. *An Introduction to Play Therapy*. A two-day workshop series for professionals, organized by the Alberta Alcohol and Drug Abuse Commission (AADAC); Calgary, Alberta.

### **November 5, 9, 12, 1998**

Gardner, K. *Helping the Underachieving Student in the Classroom Setting*. A series of half-day workshops provided to support staff in the Calgary Roman Catholic Separate School District; Calgary, Alberta.

### **February 1998**

Gardner, K. *Mental Health Issues in Children and Adolescents*. Half-day workshop presented at the annual retreat and training series for the Calgary Region Child Welfare Offices.

Gardner, K. *The Underachievement Myth: How to Successfully Engage the Student who "Could do Better."* Workshops for the Calgary Christian Academy & School; Calgary Catholic School System; Calgary, Alberta.

Gardner, K. *Child Abuse: Strategies for handling disclosures in an educational setting*. Presented at the First Annual Teacher's Assistants Conference, sponsored by the University of Calgary; Calgary, Alberta.

### **March 1995**

Gardner, K. *Taming the Dragon: Understanding anger and creating solutions for the cycle of family anger*. Workshop presented at the Plains Indian Cultural Survival School (P.I.C.C.S.) Annual Conference; Calgary, Alberta.

### **1987-1991**

#### **June 1991**

Gardner, K., & Roy, G. *The Role of Treatment Foster-care Within a Residential Service Continuum: The Integrated Day Treatment Program*. Poster presented at the Provincial Symposium on Treatment Foster Family Care, University of Calgary; Calgary, Alberta.

#### **March 1989**

Gardner, K., & Lupart, J. *Communicative Competence in Learning Disabled and Normally Achieving Children: Sociometric status and dyadic communicative abilities*. Round table presentation at the Annual Conference of the American Educational Research Association; San Francisco, California.

**November 1988**

Jung, C.H., Nicholson, L., Gardner, K., Bradley, S., & Oliver, R. *Effectiveness of Interpersonal Group Training with Three Dual Diagnosed Adolescents: Multiple measures of group process and outcome.*

- Paper presented at the Learning Disabilities Association of Alberta, 11th Provincial Conference; Calgary, Alberta.
- Poster presented at the 22nd Annual Meeting of the Association for Advancement of Behavior Therapy (AABT); New York City, New York.

**April 1988**

Gardner, K & Yassenik, L. *Addressing the Challenge of Highly Dissociative Children and Adolescents: A systemic approach.* Full day workshop presentation. 1988 World Congress on Child and Play Therapy (P.T.I.); Waikiki, Honolulu, Hawaii.



## PROFESSIONAL TRAINING & WORKSHOP EXPERIENCES:

### **October 23 & 24, 2020**

Tye Dye - Fifth Annual International Play Therapy Study Group. Sponsored by RMPTI, Calgary, AB

### **October 22, 2020**

Integrating Expressive Arts into Play Therapy: Applications from Self to Client. Carmen Richardson, Prairie Institute of Expressive Arts Therapy, presented for RMPTI, Calgary, AB

### **October 25-27, 2019**

Tye Dye- Fourth Annual International Play Therapy Study Group. Sponsored by RMPTI, Canmore, AB

### **October 23-24, 2019**

Applications of Adlerian Play Therapy. One-day workshop presentation by Dr. Terry Kottman. Workshop presented for RMPTI, Calgary, AB

### **June 17-22 , 2018**

International Play Therapy Study Group: Five-day intensive (19.5 Continuing Education [C.E.] hours). Coordinated by Dr. Charles Schaeffer; Champneys Forest Mere, Liphook, UK.

### **November 2-3, 2017**

*Partners in Play: Adlerian applications of play therapy.* Two-day workshop. Instructor: Terry Kottman; Calgary, Alberta.

### **June 18-23, 2017**

International Play Therapy Study Group: Five-day intensive (19.5 C.E. hours). Coordinated by Dr. Charles Schaeffer; Champneys Forest Mere, Liphook, UK.

### **June 18-25, 2016**

International Play Therapy Study Group: Five-day intensive (19.5 C.E. hours). Coordinated by Dr. Charles Schaeffer; Wroxton College, Wroxton, UK.

### **June 15-19, 2015**

International Play Therapy Study Group: Five-day intensive (19.5 C.E. hours). Coordinated by Dr. Charles Schaeffer; Wroxton College, Wroxton, UK.

### **June 15-19, 2014**

International Play Therapy Study Group: Five-day intensive (19.5 C.E. hours). Coordinated by Dr. Charles Schaeffer; Wroxton College, Wroxton, UK.

**October 8, 2014**

Understanding *frustrations and meltdowns in children*. 1-Day Workshop: Presenter: Maude Le Roux; Calgary, Alberta.

**October 6-7, 2014**

*DIR 101*: Presenter: Maude Le Roux; Calgary, Alberta.

**November 7, 2013**

*DSM-5: What professionals need to know*: One-day Workshop. (6.0 C.E. hours). Presenter: Dr. Michael Zwiers.

**October 8-13, 2013**

The Association for Play Therapy (APT), 30<sup>th</sup> Annual Conference (19.0 C.E. hours). Palm Springs, California.

**June 23-27, 2013**

International Play Therapy Study Group. (21.5 C.E. hours.) Coordinated by Dr. Charles Schaeffer; Skarrildhus, Denmark.

**April 19, 201**

*Play Therapy with children with attachment difficulties: A developmental perspective* (morning workshop). In the playroom with children with attachment difficulties. Instructor: Eileen Prendiville; Calgary, Alberta.

**December 10-11, 2012**

*Child-Initiated Pretend Play Assessment (ChIPPA)*: Two-day Workshop. Instructor: Professor Karen Stagnitti, (Deakin University, AUS); Calgary, Alberta.

**November 16, 2012**

*When my autism gets too big! Addressing social cognition and emotional regulation using the Incredible 5-Point Scale*. Presenter: Kari Dunn Baron; Calgary, Alberta.

**April 27, 2012**

*Serial Drawing in Play Therapy: Jungian Theory and Practice*. Half-day presentation. Presenter: Dr. John Allan, Canadian Association for Child and Play Therapy Conference; Calgary, Alberta.

**June 2009 & June 2010**

International Play Therapy Study Group; Five-day intensive. Coordinated by Dr. Charles Schaeffer. Wroxton College, Wroxton, UK.

**June 27-28, 2009**

British Association of Play Therapists (BAPT) Annual Conference ("The Power of Play to Help and Heal"). Workshops attended by the following presenters: Dr. Margot Sunderland; Dr. Sue Jennings; Dr. Dennis McCarthy; Dr. Fraser Brown; London, UK.

**November 27-28, 2008**

*Reconsidering Trauma: Treatment advances, relational issues and mindfulness in integrated trauma therapy*. Instructor: Dr. John Briere; University of Calgary, Calgary, Alberta.

**October 31, 2008**

*Introduction to the WAIS-IV*: Instructor: Dr. Donald Saklofske; Calgary, Alberta.

**October 14-19, 2008**

The Association for Play Therapy 25<sup>th</sup> Annual Conference, (20.0 C.E. hours); Dallas, Texas.

**October 3-5, 2008**

*Play Diagnosis and Treatment: Applications of the Erica Method and the Sceno Test*. Instructor: Dr. Jytte Mielcke, Denmark. Workshop hosted by Rocky Mountain Play Therapy Institute; Calgary, Alberta.

**June 28, 2008**

*Evidence based practice of play therapy*. British Association of Play Therapists Annual Conference. (7.0 C.E. hours.) Presenters: Dr. Charles Schaefer; Dr. Virginia Ryan; Birmingham, UK.

**June, 2008**

International Play Therapy Study Group; Five-day intensive. Coordinated by Dr. Charles Schaeffer, Wroxton College; Birmingham, UK.

**February 22-23, 2008**

*Child-parent relationship therapy: A 10-session filial therapy model*. Instructor: Dr. Gary Landreth. Two-day workshop sponsored by the Alberta Play Therapy Association; Calgary, Alberta.

**October 25-26, 2007**

*Attachment across the Lifespan: Play Therapy Approaches to Assessment and Treatment*; Calgary, Alberta.

**June, 2007**

International Play Therapy Study Group; Five-day intensive. Coordinated by Dr. Charles Schaeffer; Wroxton College, Wroxton, UK.

**January 19, 2007**

Biomedical Approaches to Autism Spectrum and Neurodevelopmental Disorders Conference; Calgary, Alberta.

**October 4-8, 2006**

Association for Play Therapy 23<sup>rd</sup> Annual Conference; Toronto, Ontario.

**September 15-16, 2006**

*Advances in Attachment Theory and Early Relational Trauma*. Presenter: Dr. Alan Schore. Sponsored by Rocky Mountain Play Therapy Institute; University of Calgary, Calgary, Alberta.

**June 2006, 2006**

International Play Therapy Study Group; Five-day intensive. Coordinated by Dr. Charles Schaeffer. Wroxton College, Wroxton, UK.

**October 28-29, 2005**

*Attachment across the lifespan: Play therapy approaches to assessment and treatment*; 2-day conference, Canmore, Alberta.

**October 4-8, 2005**

Association for Play Therapy 22<sup>nd</sup> Annual Conference; Nashville, Tennessee.

**June, 2005**

International Play Therapy Study Group; Five-day intensive. Coordinated by Dr. Charles Schaeffer; Wroxton College, Wroxton, UK.

**May 27, 2005**

Alberta Play Therapy Association: *Music speaks when words cannot*. (7.0 C.E. hours)  
Instructor: Jennifer Buchanan (Registered Music Therapist)

**February 25-26, 2005**

Alberta Play Therapy Association: *Expressive Therapies and Treatment of Trauma* (12.0 C.E. hours). Instructor: Dr. Marie-Jose Dhaese; Calgary, Alberta.

**June 14-17, 2004**

World Congress for Play and Child Psychotherapy; Chichester, UK.

**March 26-27, 2004**

*Healing the hurting child: The necessary dimensions of play therapy*. Two-day Workshop; Instructor: Dr. Gary Landreth; Calgary, Alberta.

**February 18-21, 2004**

*Certificate for Intermediate Theraplay Training*. Instructor: Evangeline Munns; Edmonton, Alberta.

**March 13, 2004**

*WISC-IV Training* - Sponsored by the Psychologist's Association of Alberta; Calgary, Alberta.

**May 8, 2003**

*Testifying in Court*, Presenter: Dr. Stanley Brodsky, Psychologist's Association of Alberta; Calgary, Alberta.

**March 14-15, 2003**

Zero to Six Conference: *Raising Resilient Children*. (Training in DC:0-3 Classification); Calgary, Alberta.

**December 4-7, 2002**

*Certificate for Introduction to Theraplay*. Instructor: Evangeline Munns; Edmonton, Alberta.

**March 1-2, 2002**

Alberta Play Therapy Association Annual Spring Conference. *Ecosystemic Play Therapy Workshop*, Presenter: Kevin O'Connor.

**November 30 – December 1, 2001**

*On the Tail of the Dragon 3: Recent Developments in the treatment of PTSD*. Presenter: Dr. B. Van De Kolk; Calgary, Alberta.

**October 17-20, 2001**

18<sup>th</sup> Annual Association for Play Therapy International Conference; Portland, Oregon.

**August 6-10, 2001**

The Canadian Play Therapy Institute, Summer Play Therapy Institute; Kingston, Ontario.

**June 8, 2001**

*Child and Youth Violence: One-day Workshop.* Presenter: Sylvia Simonyi-Elmer for the Alberta Play Therapy Association Annual Conference; Calgary, Alberta.

**April 19-20, 2001**

*Woodcock-Johnson III - Training Workshop for the Tests of Cognitive Abilities and Tests of Achievement.* Trainer: J. Helmsing; Calgary, Alberta.

**October 28, 2000**

*Psychologists Working in Schools.* Workshop presentation by Dr. M. Samuels & Dr. A. Price, Psychologist's Association of Alberta.

**June, 2000**

The Year 2000 World Congress on Child & Play Therapy (Play Therapy International); Dublin, Ireland

**July 7, 1999**

*The Neurodevelopmental View of Child Maltreatment: Theoretical, Clinical and Policy Perspectives.* Presenter: Dr. Bruce Perry; Calgary, Alberta.

**June, 1999**

*Treating Traumatized Children, Adolescents and Adults. Court Preparation: Diagnosing children and adults in the office and for court.* Presenter: Dr. Lenore Terr; Calgary, Alberta.

**April 26-28, 1999**

*Critical Incident Stress Debriefing. Level 2.* Presenter: Robert van Goethem. The 1999 World Congress on Child & Play Therapy. Play Therapy International; Toronto, Ontario.

**October 14-17, 1998**

*The Battle Without Borders: Confronting Sexual Abuse in Today's World.* 17<sup>th</sup> Annual Research & Treatment Conference of the Association for the Treatment of Sexual Abusers (ATSA); Vancouver, BC.

**September 25, 1988**

*Corporate Crisis Interventions: Level-1 Training on Structured Management Response.* Presented by Crisis Management International (CMI), Calgary, Alberta.

**September 26, 1988**

*Threat of Violence Consultant: Level-1 Training.* Crisis Management International (CMI); Calgary, Alberta.

**May, 1988**

*An Introduction to the WAIS-III and Wechsler Memory Scale III.* Presenters: Dr. Michael King & Dr. J.T. Dalby; Calgary, Alberta.

**May 9, 1988**

*Cognitive Assessment System: A new way of thinking about intelligence; A new way of measuring it* (the PASS assessment system & theory of intelligence). Presenter: Dr. J.P. Das, in conjunction with the Alberta Association of School Psychologists.

**April 20-22, 1988**

*Critical Incident Stress Debriefing. Level 1.* Presenter: Robert van Goethem. The World Congress on Child and Play Therapy. Play Therapy International; Waikiki, Honolulu, Hawaii.

**August, 1997**

Third Annual Kingston Summer Play Therapy Institute - Kingston, Ontario, August.

**May, 1997**

*Child Custody/Access Evaluation: Procedures and Pitfalls:* Additional conference workshop. Presenter: Dr. Terry Pezzot-Pearce. Psychologists Association of Alberta (PAA) Annual Conference; Calgary, Alberta.

**May 2-3, 1997**

*Trauma, Attachment, and the Process of Healing in Play Therapy.* Presenter: Dr. Barbara Mills. Sponsored by the Alberta Play Therapy Association (APTA); Calgary Alberta.

## PROFESSIONAL AFFILIATIONS AND ACCREDITATION

### College of Alberta Psychologists (CAP)

- Registered Psychologist, #1801 (March 3, 1989)

### Canadian Association for Play Therapy (CAPT)

- CAPT Certified Child Psychotherapist and Play Therapist -Supervisor (CPT-S)
- Member since 2003; Executive Board appointment 2008-2009 Treasurer

### Calgary SCOPE Society

- Co-Chair (2004-2007); Board member June 1998- June 2011; Chair of Treatment Advisory Committee

### University of Calgary - Sessional Instructor for the Department of Applied Psychology

- APSY 661 - Psychological Foundations of Student Exceptionality: Fall 2002

### Additional Affiliations & Accreditations:

- Introductory & Intermediate Theraplay Courses; Evangeline Munns, PhD, Instructor.
- Eye Movement Desensitization and Reprocessing (EMDR) Level I Training.
- Instrumental Enrichment (Feuerstein's IE) Level I Certification.
- Learning Potential Assessment Device (Feuerstein's LPAD) Certified Examiner.
- College of Alberta Psychologists Credentials Evaluation Committee - May 2001 to May 2007
- Alberta Association for Services to Children and Families (AASCF) Team Leader, Accreditation, from 1997-1999.
- University of Calgary - Field Supervisor for Master's and Ph.D. students in Educational Psychology since 1990.
- Approved Supervisor for Provisional Psychologists - PAA
- Gonzaga University- Field Supervisor for students in the Master's Level training program in Psychology (1995-1997)

**Revised – February 2021**